United States Patent [19]

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[54] METHOD AND APPARATUS FOR DIAGNOSTIC IMAGING IN RADIATION THERAPY

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- [58] Field of Search 128/653.1; 378/65

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[57] ABSTRACT

An apparatus for diagnostic and verification imaging in radiation therapy that consists of attachments for standard radiotherapy equipment comprising an x-ray tube and an x-ray detector placed on opposite sides of a patient along the main axis of the beam produced by the treatment unit. The detector is placed on a plane orthogonal to the axis of the treatment beam and between the beam source and the patient, while the x-ray tube is placed on the other side of the patient, coaxially with the treatment beam and facing the detector. As a result of this configuration, the radiographic view of the x-ray beam, as seen on the detector, is equivalent to the view produced on the same detector by the therapeutic beam, varied only by parallax deviations that can be corrected by geometrical calculations. Accordingly, x-ray exposures and real-time verification of the position of a patient can be obtained with the same unit used for treatment and without requiring movement of either patient or equipment. In addition, the apparatus enables a user to produce diagnostic images that can be used directly to manufacture shielding blocks in conventional shielding-block cutters.

10 Claims, 2 Drawing Sheets



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Fig. 1



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METHOD AND APPARATUS FOR DIAGNOSTIC IMAGING IN RADIATION THERAPY

BACKGROUND OF THE INVENTION

1. Field of the Invention

This invention is related to the general field of radiation imaging for medical applications. In particular, the invention provides a new method and apparatus for producing a diagnostic image of the portion of the body ¹⁰ affected by a tumor, so that the required dosage of radiation can be accurately delivered to the prescribed target volume.

2. Description of the Prior Art

The main object of radiotherapy is to deliver the ¹⁵ prescribed dosage of radiation to a tumor in a patient while minimizing the damage to surrounding, healthy, tissue. Since very high energy radiation (produced at 4 to 25 million volts, typically generated by a linear accelerator) is normally used to destroy tumors in radiother- 20 apy, the high energy is also destructive to the normal tissue surrounding the tumor. Therefore, it is essential that the delivery of radiation be limited precisely to the prescribed target volume (i.e., the tumor plus adequate margins), which is accomplished by placing appropri- 25 ately constructed shielding blocks in the path of the radiation beam. Thus, the goal is to accurately identify the malignancy within the body of the patient and to target the prescribed dosage of radiation to the desired 30 region on the immobilized patient.

To that end, the ideal procedure requires the identification of the exact anatomical location of the tumor and the corresponding accurate positioning of the radiation field during treatment. This could be easily achieved if it were possible to locate and treat the tumor at the same 35 time. In practice, though, this is not possible because the equipment used to identify the tumor (x-ray machine, computed tomography equipment, or the like) is separate from the equipment used for the therapeutical irradiation of the patient, requiring the movement and repo- 40 sitioning of the patient from one piece of equipment to the other. As illustrated in schematic form in FIG. 1, a conventional treatment unit 10 consists of a linear accelerator (linac) head 2 mounted on a gantry 4 so that its collimated high-energy emissions HR irradiate a patient 45 P lying on a gurney 6 directly below through shielding blocks 8 attached to the head. A bracket 12 supporting a detector 14 may be mounted on the opposite side of the head within the field of radiation in order to take radiographs of the patient being treated. The gantry 4 is 50 movable around a pivot 16 to permit the rotation of the head (and of the detector) around the patient to afford different views of the area to be treated ("multiple fields" treatment). The normal procedure involves the use of a diagnostic simulator, which is a diagnostic x-ray 55 machine with the same physical characteristics of the radiation therapy machine (schematically also represented by FIG. 1, where a diagnostic x-ray head replaces the linac head 2), so that the field of view of the low-energy x rays emitted in the simulator is the same as 60 that of the high-energy radiation emitted in the radiation therapy machine. Prior to treatment, the patient is radiographed using the simulator and an image of the target area is obtained with low-energy radiation (in the order of 100 kVp), which yields good image quality. 65 radiotherapy beam itself at the time of treatment. Prior The exact target volume is then delineated on the radiograph by a physician and matching shielding blocks are constructed to limit the field of view of the irradiating

machine to the region so delineated. A mold of the shielding blocks is first cut out of plastic material (normally polystyrene) with a shielding-block cutter, a machine that reproduces exactly the relative positions of the linac head, the shielding blocks and the detector as they stand in the treatment unit. By using mechanical means, the shielding blocks are cut so that the field of irradiation from the treatment unit will corresponds exactly to the area delineated by the physician on the diagnostic radiograph. The final shielding blocks are then made from the mold with lead alloys that attenuate considerably the propagation of radiation. Thus, the shielding blocks function as templets that limit the radiation treatment to the areas left open within the contour of the shielding blocks. In addition, it is common practice to mark the skin of a patient with reference markings that are used in aligning the position of the patient with the field of emission of the radiation therapy machine.

These apparently sound procedures in fact suffer from serious practical shortcomings. Errors in positioning the shielding blocks between the radiating source and the patient, as well as incorrect beam alignment and patient movement, all have a cumulative effect reducing the accuracy of the procedure. Even the markings on the skin of the patient may be the cause of alignment problems because of shifting of the skin with respect to the patient's internal anatomy as a result of body motion or, over a period of time, even of body changes. Thus, the area actually irradiated during the therapeutic session often does not correspond to the area delineated in the radiograph generated by the simulator.

Positioning errors during irradiation have been found to have very serious consequences for the successful prognosis of the treatment. For example, researchers have been able to correlate the recurrence of lymphoma to such positioning errors (J. E. Marks, A. G. Haus, H. G. Sutton and M. L. Griem, "Localization Error in the Radiotherapy of Hodgkin's Disease and Malignant Lymphoma with Extended Mantle Fields," Cancer 34, 83-90, 1974); and it has been found that improved tumor control of nasopharingeal carcinomas can be related to greater accuracy in the delivery of calculated dosages of radiation (J. E. Marks, J. M. Bedwinek, F. Lee, J. A. Purdy and C. A. Perez, "Dose-Response Analysis for Nasopharyngeal Carcinoma: An Historical Perspective," Cancer 50, 1042-1050, 1982). Similarly, it has been found that shielding inaccuracies have resulted in significantly lower primary tumor control and survival of patients of oat cell lung cancer (J. E. White, T. Chen, J. McCracken, P. Kennedy, H. G. Seydel, G. Hartman, J. Mira, M. Khan, F. Y. Durrance and 0. Skinner, "The Influence of Radiation Therapy Quality Control on Survival, Response and Sites of Relapse in Oat Cell Carcinoma of the Lung," Cancer 50, 1084-1090, 1982); and that the local recurrence of Hodgkin's disease was significantly higher when the radiation field did not adequately cover the tumor (J. J. Kinzie, G. E. Hanks, C. J. Maclean and S. Kramer, "Patterns of Care Study: Hodgkin's Disease Relapse Rates and Adequacy of Portals," Cancer 52, 2223-2226, 1983).

The only technique widely used today to check the accuracy of the radiation field is by imaging with the to treatment, a "portal" image is obtained by using the therapy beam (at high energy) and the resulting exposure is visually compared with that taken with the simu-

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