JASON ERIC SCHIFFMAN

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EDUCATION

M.D., MAY 2008 Keck School of Medicine University of Southern California

MBA, MAY 2008

Marshall School of Business University of Southern California

M.A. Linguistics, DEC 1999 University of California, Los Angeles

B.A. Linguistics, SEPT 1997

Cum Laude

University of California, Los Angeles

LICENSURE & CERTIFICATION

Board certified in Psychiatry by the American Board of Psychiatry and Neurology Board certified in Addiction Medicine by the American Board of Preventive Medicine Licensed Physician, Medical Board of California

PROFESSIONAL EXPERIENCE

Founder and Medical Director $\,\mathrm{JUN}\,2012-PRESENT$

UCLA Dual Diagnosis Program

Founder and Medical Director of hospital-based Intensive Outpatient Program specializing in the treatment of patients with co-morbid substance use and psychiatric disorders

Founder and Chief Executive Officer JUN 2012 - PRESENT

Camden Center

Founder and Chief Executive Officer of a dual diagnosis and primary mental health Partial Hospitalization and Intensive Outpatient Program with locations in Los Angeles and San Francisco

Chief Resident Physician JUN 2011 – JUN 2012

UCLA Anxiety Disorders Program

Resident Physician JUN 2008 – JUN 2012

Department of Psychiatry

University of California at Los Angeles

Principal Investigator JUN 2011 – JUN 2012

The Semel Institute for Neuroscience and Human Behavior at UCLA

Designed and led research investigating the novel application of compounds for the treatment of schizophrenia, mood disorders, and addictive disorders

Principal Investigator JUN 2007 - AUG 2007

Departments of Anesthesia and Otolaryngology, Keck School of Medicine Designed and led research study on opioid-induced changes in voice quality.

Co-Investigator AUG 2006 – AUG 2008

Department of Cell and Neurobiology, Keck School of Medicine

Co-author of multiple research articles related to protein kinase C, selenium, and naturally occurring polyphenols and their role in cancer prevention, neuritogenesis, and recovery from ischemic stroke.

President AUG 2004 – MAY 2005

American Medical Association at Keck School of Medicine

President AUG 2004 – MAY 2005

Students for Training in Substance Use and Health Care at Keck School of Medicine

Laboratory Researcher MAY 2004 – AUG 2004

Department of Dermatology, Keck School of Medicine

Contributed to research of gene and protein based therapies for various forms of Epidermolysis Bullosa.

Co-leader AUG 2004 – MAY 2005

Keck School of Medicine Community Outreach, Substance Abuse Division

President AUG 2003 – MAY 2004 Keck School of Medicine, Class of 2007 APOTEX EXHIBIT 1049 Apotex v. Alkermes



Consultant Jun 2000 - Jan 2001

Tellme, Mountain View, CA

Linguistic consultant for information services company. Performed phonetic transcription for voice recognition technology.

University Instructor WINTER 1999

UCLA, Teaching with Technology Program

Taught a course to graduate students and professors in the UCLA Linguistics Department on the use of technological teaching aids.

Teaching Assistant SPRING 1998-FALL 1999

UCLA, Department of Linguistics

Taught discussion sessions and held office hours for upper and lower division courses within the UCLA Linguistics Department.

English Second Language Tutor JAN 1996 - DEC 1997

UCLA, College Tutorials

Tutored foreign UCLA students and faculty in English pronunciation, grammar, and writing.

Snowboard Instructor Nov 1994 – March 1995

Schischule Hahnenkamm, Kitzbuhel, Austria

Snowboard instructor for English and German speakers.

PUBLICATIONS AND PRESENTATIONS

Schiffman, J.E., (2023) Co-Occurring Mental Health and Substance Use Disorders: Prevalence, Etiology, and Treatment. *The California Psychologist*, Vol. 56, No 1.

Schiffman, J.E., (2021) The Intersection of Psychiatry and 12-step Recovery. San Francisco Marin Medicine, Vol. 94, No 3.

Schiffman, J.E. (2021). Emerging Treatments. Presentation at The Emergence Conference, Marina Del Rey, CA.

Schiffman, J.E. (2019). A Phylogenetic Perspective on the Role of Biogenic Monoamines in the Treatment of Trauma Associated Psychiatric Disorders. Presentation at The David Smith Symposium, San Francisco, CA.

Wolitzky-Taylor, K., Schiffman, J.E., (2019) Predictive Associations Among the Repeated Measurements of Anxiety, Depression, and Craving in a Dual Diagnosis Program. *Journal of Dual Diagnosis*, 15(3):140-146.

Schiffman, J.E., (2017). A Trauma-Informed Perspective on Dual Diagnosis. Presentation at the Frontiers in Addiction Conference, Torrance CA.

Bystritsky, A., Khalsa, S.S., Cameron, M.E., Schiffman J.E., (2013). Current Diagnosis and Treatment of Anxiety Disorders. P.T., 38(1):30-57.

Gopalakrishna, R., Barseghian, B., Sarksian, C., Schiffman, J., Rayudu, D., Gundimeda, U. (2013). Prostate cancer progression decreases the cancer prevention by selenium: relation to overexpression of protein kinase C and selenoprotein thioredoxin reductase.. *Cancer Research*, 73. 3677-3677.

Schiffman J.E., Gitlin, M. (2012). Oxycodone for the Treatment of Refractory Bipolar Depression. *Journal of Clinical Psychiatry*, 73(7):992.

Gopalakrishna, R., Arepalli, V., Elhiani, A., Schiffman, J., Gundimeda, U. (2012). Oxidation products of green tea polyphenols induce inactivation of PKC isoenzymes and induce cell death via modulation of selenoprotein thioredoxin reductase and quinone reductase. *Cancer Research*, 72. 1609-1609.

Gundimeda, U., McNeill, T. H., Schiffman, J.E., Hinton, D.R., and Gopalakrishna, R., (2012) Green tea polyphenols precondition PC12 cells against oxygen-glucose deprivation-induced cell death via laminin receptor, generation of sublethal reactive oxygen species, and activation of protein kinase C. *Journal of Biological Chemistry*, 287(41): 34694–34708.

Schiffman, J.E., Davis, M.C., Pierre, J., Saunders, C.S. (2011) Hydroxyzine: Rational Choice for Inpatients with Insomnia. *Current Psychiatry*, 10(3):88.

Gopalakrishna, R., Schiffman, J., Mowatt, K., Gundimeda, Usha. (2011). Curcumin both inactivates and induces selenoprotein thioredoxin reductase: dual regulation influences curcumin-induced apoptosis in prostate cancer cells. *Cancer Research*, 71. 3687-3687.

Gundimeda, U., McNeill, T. H., Schiffman, J.E., Hinton, D.R., and Gopalakrishna, R., (2010) Green Tea Polyphenols Potentiate the Action of Nerve Growth Factor to Induce Neuritogenesis. *Journal of Neuroscience Research*. 88(16):3644-55.



Gundimeda, U., Schiffman, J. E., Gottlieb, S. N., Roth B., and Gopalakrishna, R. (2009) Negation of cancer-preventive actions of selenium by overexpression of protein kinase C and selenoprotein thioredoxin reductase. *Carcinogenesis*, 30, 1553-1561.

Gopalakrishna, R., Gundimeda, U., Schiffman, JE., and McNeill, T. H. (2008) A direct redox regulation of protein kinase C isoenzymes mediates oxidant-induced neuritogenesis in PC12 cells. *Journal of Biological Chemistry*, 283(21):14430-44.

Gundimeda, U., Schiffman, J.E., Chhabra, D., Wong, J., Wu, A., and Gopalakrishna, R. (2008) Locally generated methylseleninic acid induces specific inactivation of protein kinase C isoenzymes: relevance to selenium-induced apoptosis in prostate cancer cells. *Journal of Biological. Chemistry*, 283, 34519-34531.

Gopalakrishna, R., Schiffman, J., Kapa, N., Mai, H., Gundimeda, U. (2007) Induction of cell death in prostate epithelial cells by enhanced proteolysis of selenium oxidized cell survival protein kinase C isoenzymes. *Cancer Research*, (67) (9 Supplement) 23

Gopalakrishna, R., Schiffman, J., Gundimeda, U. (2006). Selenoproteins act as a safeguard against selenium-induced cytotoxicity in prostate cancer cells. *Cancer Research*, (66) (8 Supplement) 920.

Gopalakrishna, R., Schiffman, J., and Gundimeda, U. (2007, August). Comparison of membrane translocation pattern induced by diacylglycerol and oxidants in prostate epithelial cells. Poster presented at FASEB Summer Research Conference, Indian Wells, CA.

HONORS & AWARDS

Irwin Lasky Research Award 2008
Thomas Krulisky Scholarship 2007
American Dermatological Association's 2004 Medical Student Fellowship
University of California Fellowship 1997/1998
UCLA Department of Linguistics Departmental Honors 1997
UCLA Dean's Honors List 1995-1997

LANGUAGE SKILLS

Fluent in Spanish and German

